



Northwest Illinois Criminal Justice Commission

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Mobile Team Unit #1 is funded in partnership with the Illinois Law Enforcement Training & Standards Board

The Bulletproof Mind: Psychological Preparation for Combat

DATE: October 11, 2017

Registration Ends: October 1, 2017

TIME: 1:00 PM—5:00 PM 4 Hours

LOCATION: Crossroads Community Church, 900 Galena Square Dr., Galena, IL

INSTRUCTOR: Lt. Col. Dave Grossman

This training is funded by the Jo Daviess County Juvenile Justice Council

Course objectives: To do, for the mind and the spirit, what body armor does for the torso.

Educational Objectives: The students will integrate, into their professions:

- an understanding and application of for measures for: prevention, response, and survival in the face of a new kind of domestic and international terrorism, as represented by the attacks in NYC, Littleton, Oklahoma City, and Jonesboro
- understanding and application of the effects of physiological arousal upon humans faced with close-range interpersonal aggression
- knowledge of physiological arousal in close-range interpersonal aggression in order to limit and prevent undesired physiological arousal in close-range interpersonal aggression situations
- knowledge of physiological arousal in close-range interpersonal aggression in order to limit and prevent post-traumatic stress disorder (PTSD)
- knowledge of stress inoculation to close-range interpersonal aggression factors in order to limit and prevent undesired physiological arousal in close-range interpersonal aggression situations
- understanding of (1) the physiological effects of combat and (2) military violence enabling techniques, in order to explain the role of media violence (in TV, movies and video games) in causing violent crime.

Summary:

- A new era of 'record' body counts in international and domestic terrorism.
- Salient historical events that may influence terrorist behavior.
- The possibility of school violence, and school/workplace violence prevention.
- A virus of violence in America and world-wide, its causes, and its effect.
- The psychological cost of conflict.
- The physiology and psychology of a conflict situation.
- PTSD: What is it and how to prevent it.
- The resistance to killing in every healthy human.
- Non-firers throughout history.
- A revolution in combat: Use of training to overcome the resistance to killing.
- Training kids to kill: The virus of violence and how kids are being enabled to kill.
- Survival after the battle and in the years to come.

(see next page)



Partial funding provided by Illinois Law Enforcement Training and Standards Board and MTU#1's request for certification of this course has been approved by the Illinois Law Enforcement Training and Standards Board

REGISTRATION: All registrations are being accepted at <http://www.uwni.org/grossmanevent>

MTU1 will issue certificates from the Illinois Law Enforcement Training & Standards Board &
ROE 8 will issue professional development credits.

Bio:

LT. COL. DAVE GROSSMAN, U.S. Army (Ret.)
Director, Killology Research Group
www.killology.com

In their description of Lt. Col. Dave Grossman, *Slate Magazine* said, "Grossman cuts such a heroic, omnicompetent figure, he could have stepped out of a video game." He has five patents to his name, has published four novels, two childrens' books, and six non-fiction books to include his "perennial bestseller" *On Killing* (with over half a million copies sold), and a *New York Times* best-selling book co-authored with Glenn Beck.

He is a US Army Ranger, a paratrooper, and a former West Point Psychology Professor. He has a Black Belt in Hojutsu, the martial art of the firearm, and has been inducted into the USA Martial Arts Hall of Fame.

Col. Grossman's research was cited by the President of the United States in a national address, and he has testified before the U.S. Senate, the U.S. Congress, and numerous state legislatures. He has served as an expert witness and consultant in state and Federal courts. He helped train mental health professionals after the Jonesboro school massacre, and he was also involved in counseling or court cases in the aftermath of the Paducah, Springfield, Littleton and Nickel Mines Amish school massacres.

Col. Grossman has been called upon to write the entry on "Aggression and Violence" in the *Oxford Companion to American Military History*, three entries in the *Academic Press Encyclopedia of Violence, Peace and Conflict* and has presented papers before the national conventions of the American Medical Association, the American Psychiatric Association, the American Psychological Association, and the American Academy of Pediatrics.

Since his retirement from the US Army in 1998, he has been on the road almost 300 days a year, for over 19 years, as one of our nation's leading trainers for military, law enforcement, mental health providers, and school safety organizations.

Today Col. Grossman is the director of the Killology Research Group (www.killology.com). In the wake of the 9/11 terrorist attacks he has written and spoken extensively on the terrorist threat, with articles published in the *Harvard Journal of Law and Civil Policy* and many leading law enforcement journals, and he has been inducted as a "Life Diplomat" by the American Board for Certification in Homeland Security, and a "Life Member" of the American College of Forensic Examiners Institute.

This class has been submitted to ILETSB for approval in meeting mandatory training for:

Mandated Annually

- Law Updates Use of Force (must include scenario based or similar approved)

Mandated once every 3 years (begin 1/1/16)

- Civil Rights Constitutional and proper use of law enforcement authority
 Cultural competency Procedural Justice Human Rights

Mandated once every 3 years (begin 1/1/17 all/ within 2 yrs. for investigators)

- Trauma Informed Response & Investigation of Sexual Assault & Abuse

Mandated once every 3 years (begin?)

- Mental Health Awareness

Mandated 32 hours every four years after initial training

- Lead Homicide Investigator training