



# Northwest Illinois Criminal Justice Commission

Jeff Ragan, Regional Director  
2308 E. Lincolnway Suite E, Sterling, IL 61081  
Phone: 815-288-6695- Fax: 815-288-6787- [www.mtu1.com](http://www.mtu1.com)

Mobile Team Unit #1 is funded in partnership with the Illinois Law Enforcement Training & Standards Board

## Primal Leadership

### Learning to Lead with Emotional Intelligence

**DATE:** August 14, 2024

**Registration Ends:** August 01, 2024

**TIME:** 8:00 AM—5:00 PM      8 Hours

**LOCATION:** NITAB (MTU2) 527 Colman Center Dr, Rockford, IL

**INSTRUCTOR:** Jan Mirikitani, Jan Mirikitani & Associates

#### COURSE CONTENT:

#### **PRIMAL LEADERSHIP: LEARNING TO LEAD WITH EMOTIONAL INTELLIGENCE**

Based on the New York Times best seller, Daniel Goleman addresses the resounding need for leaders & employees to embody Emotional Intelligence (EQ) skills.. This class discusses the four EQ cores, that when practiced with diligent commitment, move, motivate, & lead at every level of your agency. Never before has the need been greater from the inside-out to support & sustain Officer and civilian morale.

The instructor will clarify & discuss with class participation:

1. The cores of Emotional Intelligence:  
*Self-Awareness, Self-Management, Social Awareness, Relationship Management*
2. How honing/self-managing each core impacts a Supervisor's/Commander's ability to *lead & develop* their subordinates.
3. *Recognizing & managing manipulative behaviors in self & others* that erode internal healthy professional relationships that *negatively impact Officers with the public.*
4. EQ skills leaders need to build & sustain *subordinate morale* in these difficult times to constructively debrief towards increasing public human civility & professionalism.
5. Assessing *Police past public practices towards building best/present practices* to invest in & increase community trust in the Police.

Supervisors & Commanders will do group work to discuss common scenarios & conflicts & how to use EQ skills to invest in Officer development.

This class is taught by Jan Mirikitani. Jan has been a law enforcement and government trainer for 31 years. She has ridden thousands of hours with Police Officers. Her teaching is genuine, honest, & realistic, making all material applicable & accountable to the Department's mission & public trust.



**This training is approved for the following mandates:**

**Cultural Competency  
Procedural Justice**

Partial funding provided by Illinois Law Enforcement Training and Standards Board and MTU#1's request for certification of this course has been approved by the Illinois Law Enforcement Training and Standards Board

**REGISTRATION:**

All registrations are received on the [MTU#1 website](#). Find Registration instructions [here](#)

**THIS IS NOT A PUBLIC MEETING**