Northwest Illinois Criminal Justice Commission

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Mobile Team Unit #1 is funded in partnership with the Illinois Law Enforcement Training & Standards Board

40 Hr. Crisis Intervention Team Training

DATE: February 1-5, 2027 **Registration Ends**: January 15, 2027

TIME: 8:00 AM—4:00 PM 40 Hours

LOCATION: NITAB- MTU2, 527 Colman Center Dr., Rockford IL 61108

INSTRUCTOR: Mark Benson, Program Coordinator

*******NEW PREREQUISITE FROM THE TRAINING BOARD: Officers with less than 2 years on the street from date of hire will be denied entry to this class. NO EXCEPTIONS*******

Law enforcement officers are generally the first responders to persons in crisis or experiencing symptoms of mental illness. The Crisis Intervention Team Training provides officers with education about mental illness and provides skills and tools for effectively and safely interacting with someone who is experiencing a crisis.

Crisis Intervention Team Training is an in-depth law enforcement 40-hour state-certified specialized course. These officers will use their skill and knowledge of mental illness and substance abuse to effectively handle the crisis situations.

The key components of this course cover the following:

- Officers are exposed to the basic dynamics of common types of mental illness. This allows the officer to make quick decisions utilizing options they have to resolve the crisis.
- Officers are exposed to the experiences, viewpoints, and concerns of persons with mental illnesses (consumers) and their families.
- Officers receive instruction and demonstrations in listening and responding skills.
- The CIT model of intervention can be both a department-wide model, or an officer-specific career development designation.

Topics include, but are not limited to:

- Mental illness recognition.
- Substance abuse and dual diagnosis.
- Child and adolescent disorders.
- Psychotropic medications.
- Geriatric issues.
- Medical conditions that mimic mental illness.
- Autism and persons with disabilities.
- Law enforcement compliant surrender.
- Excited delirium.
- Risk assessment and crisis intervention skills.
- Symptoms of PTSD and the Police Response;

Officers MUST be in uniform at start of class on Thursday for scenario training. THIS IS MANDATORY

"Enrollment in MTU#1 classes is limited to ON DUTY law enforcement/correctional officers or MTU#1 member agency employees"

Funding for this course provided by Illinois Law Enforcement Training and Standards Board. This course meets the requirement for PTSD training mandated by Public Act 097-1040 and the Illinois Law Enforcement Training and Standards Board.

REGISTRATION:
All registrations are received on the MTU#1 website.

If you are registering for a distant learning class, you must access the registration via the training calendar. The calendar view will allow you to first select which classroom the officer(s) are attending.

Find Registration instructions here

THIS IS NOT A PUBLIC MEETING

This course has been approved by ILETSB to meet the following mandates:

Civil Rights (.5 Hours)
Constitutional and Proper use of Authority (.5 Hours)
Crisis Intervention (12 Hours)
Human Rights (7 Hours)
Legal Updates (2 Hours)
Officer Wellness and Mental Health (2 Hours)
Procedural Justice (4 Hours)
Use of Force De-escalation Techniques (8 Hours with 4 Hours Scenario based)
Use of Force Officer Safety Techniques (4 Hours, with 3 Hours Scenario based)
Crisis Intervention Team Training (CIT)-40 Hours, with 7 Scenario