



Northwest Illinois Criminal Justice Commission

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Mobile Team Unit #1 is funded in partnership with the Illinois Law Enforcement Training & Standards Board

The Bulletproof Mind

DATE: March 16, 2022

Registration Ends: February 16, 2022

TIME: 8:00 AM—5:00 PM 8 Hours

LOCATION: Stewart Centre West, 2900 W. Pearl City Road, Freeport, IL

INSTRUCTOR: Lt. Col. Dave Grossman U.S. Army (Ret)

The Bulletproof Mind

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Course objectives:

To do, for the mind and the spirit, what body armor does for the torso.

Abstract/Summary:

THE BULLETPROOF MIND:
PSYCHOLOGICAL PREPARATION FOR COMBAT

- A new era of 'record' body counts in international and domestic terrorism.
- Salient historical events that may influence terrorist behavior.
- The possibility of school violence, and school/workplace violence prevention.
- A virus of violence in America and world-wide, its causes, and its effect.
- The psychological cost of conflict.
- The physiology and psychology of a conflict situation.
- PTSD: What is it and how to prevent it.
- The resistance to killing in every healthy human.
- Non-firers throughout history.
- A revolution in combat: Use of training to overcome the resistance to killing.
- Training kids to kill: The virus of violence and how kids are being enabled to kill.
- Survival after the battle and in the years to come.



Bio:

Dave Grossman

Lt. Colonel, U.S. Army (ret.)

In their description of Lt. Col. Dave Grossman, *Slate Magazine* said, "Grossman cuts such a heroic, omniscient figure, he could have stepped out of a video game." He has five patents to his name, has published four novels, two children's books, and six non-fiction books to include his "perennial bestseller" *On Killing* (with over half a million copies sold), and a *New York Times* best-selling book co-authored with Glenn Beck.

He is a US Army Ranger, a paratrooper, and a former West Point Psychology Professor. He has a Black Belt in Hojutsu, the martial art of the firearm, and has been inducted into the USA Martial Arts Hall of Fame.

Col. Grossman's research was cited by the President of the United States in a national address, and he has testified before the U.S. Senate, the U.S. Congress, and numerous state legislatures. He has served as an expert witness and consultant in state and Federal courts. He helped train mental health professionals after the Jonesboro school massacre, and he was also involved in counseling or court cases in the aftermath of the Paducah, Springfield, Littleton and Nickel Mines Amish school massacres.

Col. Grossman has been called upon to write the entry on "Aggression and Violence" in the *Oxford Companion to American Military History*, three entries in the *Academic Press Encyclopedia of Violence, Peace and Conflict* and has presented papers before the national conventions of the American Medical Association, the American Psychiatric Association, the American Psychological Association, and the American Academy of Pediatrics.

Since his retirement from the US Army in 1998, he has been on the road almost 300 days a year, for over 19 years, as one of our nation's leading trainers for military, law enforcement, mental health providers, and school safety organizations.

Today Col. Grossman is the director of the Killology Research Group (www.killology.com). In the wake of the 9/11 terrorist attacks he has written and spoken extensively on the terrorist threat, with articles published in the *Harvard Journal of Law and Civil Policy* and many leading law enforcement journals, and he has been inducted as a "Life Diplomat" by the American Board for Certification in Homeland Security, and a "Life Member" of the American College of Forensic Examiners Institute.

This course has been approved to meet the following ILESTB mandates:

Procedural Justice (6 Hours)

Crisis Intervention (2 Hours)

Partial funding provided by Illinois Law Enforcement Training and Standards Board and MTU#1's request for certification of this course has been approved by the Illinois Law Enforcement Training and Standards Board

REGISTRATION:

All registrations are received on the [MTU#1 website](#). Find Registration instructions [here](#)