



Northwest Illinois Criminal Justice Commission

Jeff Ragan, Regional Director
2308 E. Lincolnway, Suite E - Sterling, IL 61081
Phone: 815-288-6695- Fax: 815-288-6787- www.mtu1.com

Mobile Team Unit #1 is funded in partnership with the Illinois Law Enforcement Training & Standards Board

SFST Instructor School – 40 Hour

DATE: May 4-8, 2026

Registration Ends: April 20, 2026

TIME: 8:00 AM—4:00 PM 8 Hours

LOCATION: NITAB, 527 Colman Center Dr., Rockford, IL

INSTRUCTOR: David Christiansen

**ALL PARTICIPANTS ARE REQUIRED TO BRING A LAPTOP
MATERIAL WILL BE PROVIDED ON A FLASH DRIVE**

Course Description:

This 40-hour course will provide all participants with a foundation in effective instruction principles, effective learning environments, promoting participation and interaction, and delivering effective feedback. The course teaches participants how to incorporate training techniques to deliver interactive presentations using techniques and/or materials that reinforce learning.

To provide the opportunity to apply instruction techniques demonstrated during the course, each participant is required to design and deliver a presentation on a session in the DWI/SFST curriculum. Strong emphasis is placed on assisting individual participants to expand and improve their teaching and training skills, regardless of their level of experience.

This course will also focus on improving fundamental skills of delivering effective feedback. Experienced instructors will demonstrate effective feedback measures throughout the course. Participants are given opportunities to apply effective feedback measures during the final participant presentations.

Participants will also receive a legal update including processing an arrested driver, warning to motorist, toxicology sampling protocols, laboratory reports, and search warrants. The Illinois Statutes and recent court decisions impacting DUI are covered. Every officer in the course will receive access to the latest digital resources on the Dynamic Impairment LLC website including flow charts, sample reports for a variety of situations, cheat sheets, research studies, case law and more.

This course is taught by DRE instructors under the control and approval of the Illinois DRE/SFST Program State Coordinator.

Course Topics:

- Explain adult learning principles and their importance in conducting effective training
- Identify and describe the three domains of learning and give examples of each domain in the context of DWI enforcement.
- Define and describe the four-steps of teaching and learning
- Discuss how to increase learning efficiency by involving learners more fully in the learning process
- Describe and apply specific guidelines for conducting each step of the four-step process of teaching and learning



- Use appropriate questioning techniques to enhance participants' involvement in presentation
- Use visual aids to improve the effectiveness of presentations
- Plan and manage an alcohol workshop
- Administer the use of NHTSA/IACP- approved videos for optional DWI Detection and SFST training
- Describe the documents that make up the standard curriculum packages for the DWI Detection and SFST School
- Describe the content and format of the lesson plans for the DWI Detection and SFST School
- Describe the characteristics of a good SFST instructor
- Carry out the instructor preparation tasks for any session of the SFST School

This course has been certified by the ILETSB and approved to meet the following mandates:

- Legal Updates - 15.0 hours
- Procedural Justice - 4.0 hours
- Constitutional Use of LE Authority - 3.0 hours
- Civil Rights – 2.0 hours

REGISTRATION:

All registrations are received on the [MTU#1 website](#). Find Registration instructions [here](#)

THIS IS NOT A PUBLIC MEETING