



# Northwest Illinois Criminal Justice Commission

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Mobile Team Unit #1 is funded in partnership with the Illinois Law Enforcement Training & Standards Board

## Performance Pistol

**DATE:** June 4, 2026

**Registration Ends:** May 20, 2026

**TIME:** 8:00 AM—4:00 PM      8 Hours

**LOCATION:** Cunningham Quarry, 5850 Cunningham Road, Rockford, IL

**INSTRUCTOR:** Jared Smith & Tim Coomer - DMEC

**PURPOSE OF COURSE:** This class is intended and driven for continuing education for firearms instructors, SWAT/ERT Team Members, and other serious shooters who already possess safe gun handling skills and can maintain firearms safety while shooting at high levels.

**COURSE DESCRIPTION:** Performance Pistol for Law Enforcement is designed to drive your shooting skills to a high level of mastery for 21st Century American Law Enforcement. Focused on performance on demand shooting, excellent gun handling, and rapid yet precise shooting, this class is crafted for shooters who aspire to achieve exceptional proficiency and accuracy in dynamic environments. The focus of the day will be the balance of accuracy and speed.

**COURSE GOALS:** The goals of this course are as follows:

- Introduction to Advanced Shooting Techniques
- Performance on Demand Drills
- Gun Handling Mastery
- Speed and Accuracy Drills
- Dynamic Shooting Scenarios
- Target Transitioning

**COURSE PREREQUISITES:** Students should be certified basic firearms instructors, SWAT/ERT team members, or department personnel who possess excellent gun handling skills and can maintain firearms safety. The instructor reserves the right to ask for previous certificates of classes to vet student qualifications.

**METHODS OF EVALUATION:** Assessing student performance through regular drills

**METHODS OF INSTRUCTION:** This course is conducted using the following methods of instruction:

- Dry fire
- Live fire
- Demonstration

**SAFETY PROTOCOLS:** Prior to training commencing at the range, a thorough safety, medical, and mindset briefing will be conducted. A primary and secondary medical officer will be established, as well as a primary and secondary communications officer. The location of the IFAK kit will be known



to all. An extensive safety briefing will be conducted to establish a plan, establish a mindset, define what is and is not acceptable, as well as to limit department liability.

- 1.** Always treat every gun as if they are loaded. Get in the habit of performing a visual and physical of any gun you are handling or transferring/receiving from another.
- 2.** Keep the muzzle pointed in a safe direction. A safe direction is determined by your environment. A safe direction can be up, down, out, or down range, all dependent on the environment you find yourself in. For most in service training and qualifications, a safe direction is down or down range.
- 3.** Know your target, what is beyond your target, the transitional space between, and your ability to hit your target.
- 4.** Keep your finger off the trigger until you have made a conscious decision to press the trigger and shoot at what you are aiming at.

#### **EQUIPMENT TO BRING TO THE TRAINING SITE:**

- Eye and Electronic Ear Protection
- Duty pistol with appropriate holster.
- Minimum of 3 duty capacity magazines, however 5 is recommended
- 600 rounds of ammunition
- A sharpie to be carried on person
- Hydration, snacks, and sunscreen

#### **This course has been certified by the ILETSB and approved to meet the following mandates:**

- De-Escalation Techniques - 6.0 hours / 6.0 hours scenario based
- Ofc. Safety Techniques - .50 hours / .50 hours scenario based
- Emergency Medical Response - .50 hours / .50 hours scenario based

#### **REGISTRATION:**

All registrations are received on the [MTU#1 website](#). Find Registration instructions [here](#)

**THIS IS NOT A PUBLIC MEETING**