



## WeNeverWalkAlone<sup>™</sup>

Connecting Law Enforcement Officers with their trusted Peer Support Group across the nation, securely and 100% confidentially.

And more...



## CONTACT US

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# WeNeverWalkAlone<sup>TM</sup>

Nationwide Police Peer Support & Mental Health Professionals Network







https://WeNeverWalkAlone.org

Peer Support Group is the first stop for Officers to seek advice and counseling from someone they trust in a judgement free zone. Those that opt to talk to a Peer Support Person benefit tremendously.

But most often the Peer Support Program is under utilized due to fears of rumors spreading within the department which makes Officers a little hesitant to seek help.

#### WeNeverWalkAlone<sup>TM</sup> Nationwide Police Peer Support &

Nationwide Police Mental Health Professionals Network

To help solve that problem & to beat the "beauty-shop mentality" commonly found the departments, at WeNeverWalkAlone™ connects the Peer Support Groups from across the nation. So. no Officer will ever have to think twice before calling a PSP. With this online portal, anonymity increases and Officers can call the PSP from anywhere and at anytime. Officers are in control with WeNeverWalkAlone<sup>™</sup>.

Additionally, WeNeverWalkAlone<sup>™</sup> portal provides a directory of mental health professionals/counselors and a ton of resources that has been carefully compiled for Law Enforcement Community.

## I. PEER SUPPORT NETWORK



Highlights of the network:

- Every Officer in the department gets his/her own sign-in credentials to access the resources
- 100% anonymous we do not track who signs in or how many times someone signs in or which PSP is called
- Because we do not track anything, we cannot quantify the usage. It's up to the department Chiefs to ask their department Peer Support Group if they received any calls

 Every department that joins the network is required to bring 7% to 10% of its size to the Peer Support Officers pool. Example: If the department size is 50, then we require that the department contribute 4 to 5 TRAINED peer support officers to the network.

### **II. VETTED THERAPISTS**



- Dr. Marla Friedman Psy.D, Licensed Psychologist, Chairwoman of Badge of Life and Ms. Vickie Poklop MS, LPC from Des Plaines, IL Police Department have vetted all the professionals on the list
- The mental health professionals have extensive experience working specifically with Police Officers and are fully committed to helping the community at anytime

#### **III. EXTERNAL RESOURCES**

Articles, news items, research papers, treatment options, etc., for the wholistic wellbeing of Law Enforcement Officers are provided on topics related but not limited to the following:

- Family focused counseling
- 1.Couples/Marriage counseling
- 2. Children needs
- 3. Parenting tips
- Therapy EMDR, Talk, Reiki, Hypno-, Exposure, substance abuse, etc.,
- Work Related Stress Triggers
- Supplemental non-traditional resources
- Interactive blogs\* and
- more.to come as we grow...